



Grand Rapids Student Activities

THE THUNDERHAWK WAY



Quicklinks

[Athletics Page](#)

[MSHSL Website](#)

Calendar

July 2014						
Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Homepage

Parents/Guardians, Complete Your Athletics Registration Online!

SPORTS Fine Arts Intramurals Summer Camps



Please read and follow these steps carefully to be fully registered. IMPORTANT: You are only registered once ALL steps are completed.

If you participated in a sport in the Fall or Winter, you still need to complete each step below.

Step 1: Athletes must have a current sports qualifying physical exam on file in the Activities Office. Physicals are good for 3 years from date of your last physical. You can get the blank Physical Form [here](#).

Parents/guardians, you can check the parent portal on [Infinite Campus](#) to see if your child needs a physical.

Once you have your physical completed by a doctor, you can turn it in to the office or you can scan it and submit completed Physical Forms online.

Step 2: Fill out and submit the [Online Registration Form here](#) (includes all forms in one for High School).
Fill out and submit the [Online Registration Form here](#) (includes all forms in one for Middle School).

1. grthunderhawks.com

2. Activities > Online Sports Registration

3. Follow steps 1 & 2

Note "High School" & "Middle School"

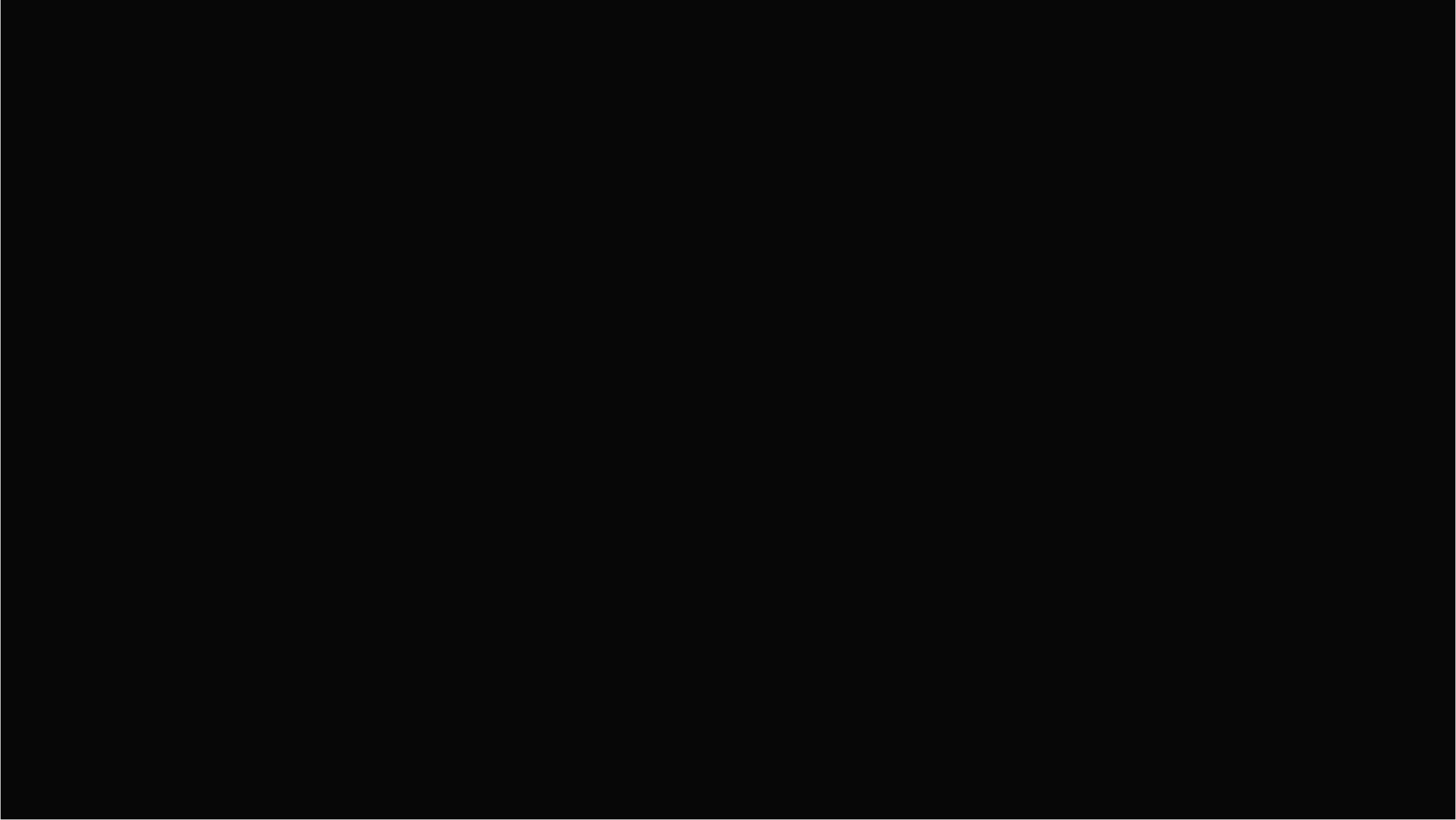


We use online registration for convenience to parents. This only works on a desktop or laptop. Cell phones and I-pads do not work.

Players who may qualify for a free or reduced rate need to apply in person.

Why do YOU play?





WE ARE...

- **Education based co-curricular program**
- **Extension of the classroom**
- **Emphasize growth & improvement**
- **Reward effort not just winning**
- **Give permission to fail**
- **Focus on process then outcome**
- **Focus on student first, athlete second**



Common Language

Goals vs Purpose



The GOAL of our athletic programs are to win!



**WE PREPARE, PLAN AND
PLAY TO WIN**

**BUT WINNING IS NOT OUR
PURPOSE**



The PURPOSE of our athletic program is...

- Teaching & Learning
- Human Growth & Development
- Connecting Students to Caring Adults



Life Skills
Challenge
Sportsmanship
Love
Confidence
DETERMINATION
SUCCESS
Excitement
GROWTH &
DEVELOPMENT
Commitment
Inspiration
OVERCOMING
ADVERSITY
Character
Building
Courage
Belonging
FUN



Our Coaches Are Committed



*****All ISD 318 Head Coaches are required to:**

- ▶ Complete continuing education requirements, per MSHSL
- ▶ Prepare philosophy, mission and vision statements for their program
- ▶ Communicate to parents the program expectations and guidelines
- ▶ Prepare emergency action plans
- ▶ Undergo formal observation in practice and games by AD
- ▶ Complete survey of players, staff and parents every 3 years
- ▶ Prepare a professional development plan every 3 years



Conducting
yourself
The
Thunderhawk
Way
leads to:

SUCCESS NOW
AND
SUCCESS LATER

Success now...



Decades of research prove students who participate in activities:

- ▶ Have better attendance
- ▶ Achieve higher GPA (**Thunderhawks: 3.3 GPA**)
- ▶ Avoid drugs and alcohol (**95% of Thunderhawks eligible all year**)
- ▶ Many continue their education at college or university

Success later...



- ▶ Students engaged in Athletic and Activity Programs excel in class
- ▶ Less likely to use drugs, tobacco, or suffer health issues
- ▶ Have better attendance rates – lower absenteeism
- ▶ Higher graduation rate
- ▶ Higher SAT and ACT scores
- ▶ Greater post-secondary opportunities
- ▶ Physically active, sleep better, eat healthier diet

The Thunderhawk Way



- ▶ Respect your coaches, teammates, officials and opponents
- ▶ Appreciate the work of people who make it possible!
 - ▶ Bus drivers, custodians, scorers, supervisors, the bands and fans
- ▶ Honor your country during the National Anthem

The Thunderhawk Way



- ▶ Show good sportsmanship
- ▶ Use positive language
- ▶ Get to other activities and create some noise and excitement. Cheer on your fellow classmates in a positive manner.

Captains Council



First Meeting

Date:

*Wednesday,
Sept 18th @
7:45 a.m. in
Mr. Larson's
Room*

<https://youtu.be/jdhEwZWxBv>

Remember...You Can Only Pick One!



- ▶ Student Athlete
- ▶ Coach
- ▶ Official/Referee
- ▶ Parent



Here's
what...



GRAND RAPIDS
THUNDERHAWKS

REQUIRES
Of You



- The MSHSL requires all team members to complete:
 - An annual eligibility agreement
 - An annual health questionnaire
 - A physical examination every three years
- MSHSL participants must adhere to all bylaws as described in the annual eligibility agreement. Bylaw violations carry penalties that increase in duration with consequent violations.
- **Participation in MSHSL activities is a privilege, not a right.**



- Student athletes must be in grades 7-12 (bylaw 105: Students in grades K-6 are not eligible to participate in any MSHSL activities.)
 - Make progress toward graduation, be enrolled full-time and attend class
 - No more than 6 seasons in any one sport
 - All eligibility rules apply 12 months of year (continuous until graduation)
- Meet chemical eligibility requirements (no use, possession or distribution of alcohol, tobacco or controlled substance or paraphernalia).
- Be in good standing with school and team – **you must be in school all day.** If suspended from school cannot participate in any school activities.



CODE OF CONDUCT



- Student code of responsibility: I will obey and respect the rules of my school and the laws of my community, state and country. I will be fully responsible for my own actions and consequences of my actions

All of you have signed off on this. It is not just chemical violations that cause suspensions. We have nearly as many code of conduct violations as we do chemical.



- **Attendance: Must be in school all day to participate.**
 - If excused absence must be approved in advance & permission from principal.
 - Medical appointments are okay but must have a note from the medical provider not from a parent.
- **Harassment and Hazing: bylaw 209.60**
- **Booster Club Support – IN SEASON ONLY**
- **Ejection from a game: sit out rest of game and next game; second ejection equals a 4-game suspension**
- **Transfer student: see me!!!**
- **Division I/II: need to apply NCAA Portal (see your counselor or myself)**

Academic Eligibility



	1 st Semester	2 nd Semester
9 th Grade	3 credits	6 credits
10 th Grade	9 credits	12 credits
11 th Grade	15 credits	18 credits
12 th Grade	21 credits	GRADUATE

Criteria: if a student does NOT have required credits at the end of each semester, and/or he/she has received an “F” on a grade report, he/she will be placed on academic probation and/or ineligible for competition.

1. Athletic Director will run credit/grade reports.
2. Coach will be notified and talks with student.
3. Athletic Director will notify parent/guardian. Parent communicates with teacher.
4. Meeting with counselor is arranged if needed.

Here's
what...



REQUIRES
of the *School*

If Law Enforcement hands a **Notice of Student Incident** to the school, and appropriate action **IS NOT** taken...

We could be subject to:

- Forfeit of games
- Forfeit of season
- Loss of trophies
- Ineligible for playoffs



GRAND RAPIDS POLICE DEPARTMENT
OFFICE (218) 326-3464
1-800-AX (218) 326-7611

NOTICE OF STUDENT INCIDENT

INCIDENT DATE: _____

STUDENT: _____

OFFICER: _____

GRPD _____

STUDENT INCIDENT OFFENSE REPORTS
Minnesota Statute 28A.28 and 260B.171 requires law enforcement agencies to forward reports to a student's school when an agency has probable cause to believe that the student has committed any of the following violations. Please indicate applicable offenses:

____ Arson, first degree 609.561
____ Assault, any 609.221
____ Burglary, first or second degree 609.582.1
____ Controlled substance crime, any 151.021
____ Criminal sexual conduct, any 609.342
____ Criminal vehicular homicide and injury 609.21
____ False imprisonment 609.255
____ Harassment 609.749
____ Kidnapping 609.25
____ Manslaughter, first degree 609.20
____ Manslaughter, second degree 609.205
____ Minor consumption of alcohol 340A.503.1 (0)
____ Minor possession of alcohol 340A.503.1 (2)
____ Minor attempting purchase of alcohol 340A.503.2 (2)
____ Murder, any 609.185





- **Chemical Eligibility Violations**

- **1st Offense: 2 weeks or 2 contests**, whichever is longer
 - Ineligible to be captain during season of suspension
 - Ineligible to earn varsity letter during season of suspension
- **2nd Offense: 3 weeks or 6 contests**, whichever is longer
 - Can never be captain in any sport or activity
 - Can never earn a varsity letter in any sport or activity
- **3rd Offense: 4 weeks or 12 contests**, whichever is longer
- Must be at all practices, games, meetings during suspension
- Must start and finish the season where suspension was served
- **Denial disqualification: If not truthful; additional 9 weeks added**



Parents: Good News!

You're their #1 Influence & They WANT to Talk!



- ▶ Grand Rapids students who reported their parents would feel it was *very wrong* for them to drink alcohol are 8.1 times LESS LIKELY to drink.
- ▶ 73% of students agree that parents should talk with them about **NOT** using alcohol

Data from 2021 PCN Student Survey



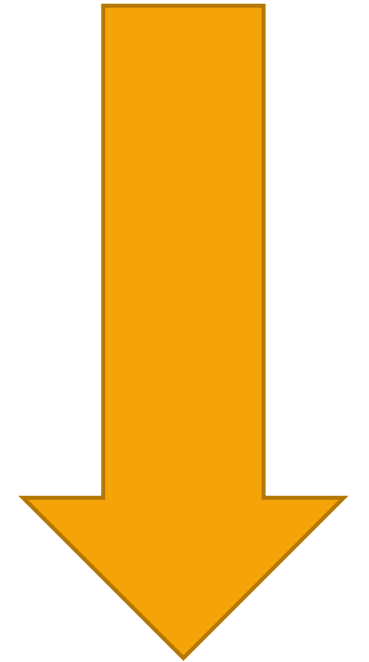
If you have
specific
questions about
these guidelines,
talk with me or
your coach!



Resolving Conflicts



- ▶ Student → Coach
 - ▶ If there's a problem: Student-athlete talks directly to the coach, One on one
- ▶ Student → Parent → Coach
 - ▶ If the problem isn't resolved call the school and request a return call or face-to-face meeting with coach(es), parent(s) and the student
- ▶ Student → Parent → Coach → Activities Director
 - ▶ If the problem is still not resolved: Call the school and request a meeting with the student, parent(s), coach(es) and Activities Director



Resolving Conflicts



- ▶ Don't discuss playing time or other coaching decisions
- ▶ Student is always present during discussion/meetings
- ▶ Don't approach coaches on game day, before or after, to discuss personal matters, with or without student.
- ▶ There is a difference in making decisions and mistreatment...
- ▶ You are entitled to your opinion, but we ask that you don't share it in the bleachers, at events, at the Booster meetings, and most of all...in front of your child!
- ▶ Get involved and enjoy the experience as best you can!

Transportation



- ▶ We're liable for YOUR safety.
- ▶ The expectation is that the student-athlete ride the bus **to** and **from** event with the team
- ▶ A travel release form can be filled out by the parent/guardian and given to the coach – indicating the student will be leaving with them
 - ▶ This form is on the Activities web page





Social Media can be...



Helpful

- ▶ Stay connected
- ▶ Follow other schools/teams
- ▶ Score updates
- ▶ Highlights, fun clips
- ▶ Recognize and honor people

Harmful

- ▶ Too connected, not present here & now
- ▶ Glamorizing harmful situations/rhetoric
- ▶ Relationship updates
- ▶ Lowlights, substance abuse
- ▶ Bully and make fun of people

How will you use it???

STREAMING SERVICES



- ▶ Most games in our gymnasium and on Noble Hall Field are available to watch through a couple of streaming services.
- ▶ We recommend Hudl as the picture is clearer. We also receive a higher commission from Hudl than our other option. We have links on our Activity Calendar page and are working on ways to make it more accessible.
- ▶ A great option for grandparents and others who may not be able to attend. Also, many of our opponents have this service if you are unable to make it to an out-of-town game.

Athletic Passes: 2024 – 2025 School Year



- ▶ **ALL SEASON–All SPORT PASS '24 – '25: Purchase via HomeTown Fan App**
 - ▶ **Student:** \$50
 - ▶ **Adult:** \$200
 - ▶ **ISD 318 Senior (65+ years):** \$25 -Lifetime pass to home events, *except* for hockey games
- ▶ **Ticket Groups: Single sport season passes:** Save \$\$ buying all games
 - ▶ **Ex. All home Volleyball games**
- ▶ **Single Game Ticket Sales**
 - ▶ Online ticket sales and passes are available @ **GR Activities Webpage** through **HomeTown Ticketing** or the **HomeTown Fan app**

Contact Information



- ▶ Activities Office
 - ▶ **Gigi Pehrson**
218-327-5765
(gpehrson@isd318.org)
 - ▶ **Dale Christy**
218-327-5766
(dchristy@isd318.org)
- ▶ www.grthunderhawks.com
 - ▶ ONLINE SPORTS REGISTRATION
- ▶ www.lakesuperiorconference.org
("Notify Me")
- ▶ Twitter: @GR Activities
- ▶ Get the latest news and notes from the Grand Rapids Activities Department!



**MAKE SURE TO FILL OUT YOUR
ATTENDANCE SHEET**

**BRING IT TO THE ACTIVITY DIRECTOR
RATHER THAN YOU COACH.**



GO RAPIDS!



GRAND RAPIDS
THUNDERHAWKS

